

# One

Metallica

Standard tuning

♩ = 108

clean  
**Intro**  
let ring

1

TAB 4/4

let ring

5

TAB 2/4 3x

let ring

10

TAB 3/4

let ring

14

TAB

## Bridge

let ring

let ring

17

TAB

let ring

21

TAB

**Verse**

*let ring*

24

TAB

*let ring*

27

TAB

distortion

**Chorus**

32

TAB

clean

**Bridge**

*let ring*

34

TAB

**Verse**

*let ring*

39

TAB

*let ring*

43

TAB

distortion

**Chorus**

47

TAB

clean

### Bridge

let ring-----

4x

49

TAB 3/4

5 7 0 7 7 0 | 5 0 3 0 4 0 0 3 0 | 0 3 0 1 1 0 | 2 4 0 0 0

3 3

distortion

### Chorus

53

TAB 6/4

5 7 9 7 5 4 4 | 2 4 6 4 2 4 6 | 5 7 9 7 5 4 4 | 2 4 2

3 5 7 5 3 2 | 0 2 4 2 0 2 4 | 3 5 7 5 3 2 | 3 5 7 5 3 2

riff 1

### Middle Section

56

TAB 3/4

2 0 2 0 | 2 3 2 3 | 4 4 | 5 5

3 2 3 0 | 3 3 5 3 | 2 2 | 3 3 3

P.M. P.M. P.M. P.M.

60

TAB 3/4

2 0 2 0 | 2 3 2 3 | 4 4 | 5 5

3 2 3 0 | 3 3 5 3 | 2 2 | 3 3 3

P.M. P.M. P.M. P.M. P.M.

riff 2

64

TAB 3/4

5 5 5 7 5 4 | 4 4 4 5 4 | 4 4 | 5 5 5 5

7 7 7 7 7 5 | 5 5 5 5 5 | 2 2 | 3 3 3 3

P.M. P.M. P.M. P.M. P.M.

68

TAB 3/4

5 5 5 7 5 4 | 4 4 4 5 4 | 4 4 | 5 5 5 5

7 7 7 7 7 5 | 5 5 5 5 5 | 2 2 | 3 3 3 3

P.M. P.M. P.M. P.M. P.M.

72

TAB 4/4

5 7 0

(5)  
(7)  
(0)

**Fast double kick riff**

74 P.M.-----| P.M.-----| P.M.-----| P.M.-----|

TAB  
B 0-0-0-0-0-0 | 2/2 7 | 0-0-0-0-0-0 | 2/2 7 | 0-0-0-0-0-0 | 2/2 7 | 0-0-0-0-0-0 | 2/2 7

6 6 6 6

76 P.M.-----| P.M.-----| P.M.-----| P.M.-----|

TAB  
B 0-0-0-0-0-0 | 2/2 7 | 0-0-0-0-0-0 | 2/2 7 | 0-0-0-0-0-0 | 2/2 3 | 0-0-0-0-0-0 | 2/2 3

6 6 6 6

78 P.M.-----| P.M.-----| P.M.-----| P.M.-----|

TAB  
B 0-0-0-0-0-0 | 2/2 3 | 0-0-0-0-0-0 | 2/2 3 | 0-0-0-0-0-0 | 2/2 3 | 0-0-0-0-0-0 | 2/2 3

6 6 6 6

80 P.M.-----| P.M.-----| P.M.-----| P.M.-----|

TAB  
B 0-0-0-0-0-0 | 2/2 3 | 0-0-0-0-0-0 | 2/2 3 | 0-0-0-0-0-0 | 2/2 3 | 0-0-0-0-0-0 | 2/2 3

6 6 6 6

VOCALS IN  
82 P.M.-----| P.M.-----| P.M.-----| P.M.-----|

TAB  
B 0-0-0-0-0-0 | 2/2 7 | 0-0-0-0-0-0 | 2/2 7 | 0-0-0-0-0-0 | 2/2 7 | 0-0-0-0-0-0 | 2/2 3

6 6 6 6

VOCALS OUT  
84 P.M.-----| P.M.-----| P.M.-----| P.M.-----|

TAB  
B 0-0-0-0-0-0 | 7 | 0-0-0-0-0-0 | 7-8 | 0-0-0-0-0-0 | 5 | 0-0-0-0-0-0 | 5-8

6 6 6 6

86 P.M.-----| P.M.-----| P.M.-----| P.M.-----|

TAB  
B 0-0-0-0-0-0 | 7 | 0-0-0-0-0-0 | 7-8 | 0-0-0-0-0-0 | 5 | 0-0-0-0-0-0 | 5-7

6 6 6 6

VOCALS IN

88 P.M.-----| P.M.-----| P.M.-----| P.M.-----|

TAB system 88-90: Four measures of guitar tablature. Each measure starts with a bar line and a measure rest. The first three measures contain a sixteenth-note triplet of zeros (0-0-0) with a '6' below it, followed by a quarter rest. The fourth measure contains a sixteenth-note triplet of zeros (0-0-0) with a '6' below it, followed by a quarter rest. Above the first two notes of each triplet is a '7'. Above the last note of each triplet is a '2'. Above the quarter rest is a '3'. The system ends with a double bar line.

P.M.-----| P.M.-----| P.M.-----| 4x P.M.-----|

90

TAB system 90-92: Four measures of guitar tablature. The first three measures contain a sixteenth-note triplet of zeros (0-0-0) with a '6' below it, followed by a quarter rest. The fourth measure contains a sixteenth-note triplet of zeros (0-0-0) with a '6' below it, followed by a quarter rest. Above the first two notes of each triplet is a '2'. Above the last note of each triplet is a '3'. The system ends with a double bar line.

P.M.-----| P.M.-----| P.M.-----| 4x

92

TAB system 92-94: Four measures of guitar tablature. The first three measures contain a sixteenth-note triplet of zeros (0-0-0) with a '6' below it, followed by a quarter rest. The fourth measure contains a sixteenth-note triplet of zeros (0-0-0) with a '6' below it, followed by a quarter rest. Above the first two notes of each triplet is a '2'. Above the last note of each triplet is a '3'. The system ends with a double bar line.

P.M.-----|

94

TAB system 94-96: Four measures of guitar tablature. The first three measures contain a sixteenth-note triplet of zeros (0-0-0) with a '6' below it, followed by a quarter rest. The fourth measure contains a sixteenth-note triplet of zeros (0-0-0) with a '6' below it, followed by a quarter rest. Above the first two notes of each triplet is a '2'. Above the last note of each triplet is a '3'. The system ends with a double bar line.

**Guitar Solo (rhythm)**  
P.M.-----| P.M.-----| P.M.-----| 4x P.M.-----|

96

TAB system 96-98: Four measures of guitar tablature. The first three measures contain a sixteenth-note triplet of zeros (0-0-0) with a '6' below it, followed by a quarter rest. The fourth measure contains a sixteenth-note triplet of zeros (0-0-0) with a '6' below it, followed by a quarter rest. Above the first two notes of each triplet is a '2'. Above the last note of each triplet is a '3'. The system ends with a double bar line.

variation 1  
P.M.-----| P.M.-----| P.M.-----| P.M.-----|

98

TAB system 98-100: Four measures of guitar tablature. The first three measures contain a sixteenth-note triplet of zeros (0-0-0) with a '6' below it, followed by a quarter rest. The fourth measure contains a sixteenth-note triplet of zeros (0-0-0) with a '6' below it, followed by a quarter rest. Above the first two notes of each triplet is a '2'. Above the last note of each triplet is a '3'. The system ends with a double bar line.

variation 2  
P.M.-----| P.M.-----| P.M.-----| P.M.-----|

100

TAB system 100-102: Four measures of guitar tablature. The first three measures contain a sixteenth-note triplet of zeros (0-0-0) with a '6' below it, followed by a quarter rest. The fourth measure contains a sixteenth-note triplet of zeros (0-0-0) with a '6' below it, followed by a quarter rest. Above the first two notes of each triplet is a '5'. Above the last note of each triplet is a '3'. The system ends with a double bar line.

variation 3  
P.M.-| P.M.-| P.M.-| P.M.-| P.M.-----| P.M.-----|

**Solo end**

P.M.-----| P.M.-----| P.M.----| **4x**

**Solo 2**

P.M.-----| P.M.-----| P.M.----| **9x**

**Outro**

P.M.-----| P.M.-----| P.M.----| **4x** P.M.-| P.M.-| P.M.-| P.M.-|

P.M.-----| P.M.-| P.M.-| **3x** P.M.-----| P.M.-| P.M.-| P.M.-| P.M.-|

P.M.-----| P.M.-| P.M.-| **3x** P.M.-----| P.M.-| P.M.-| P.M.-| P.M.-|

P.M.-----| P.M.-----| P.M.----| P.M.-----|