

Alternate Picking: Notes-per-string Combinations

Groups of 4 (sixteenth notes)

Set metronome at a steady tempo and practise each bar in isolation for 2-3 mins

Standard tuning

$\text{♩} = 120$

(a) (reversed)

Exercise (a) consists of two measures. The first measure is labeled '(a)' and the second is labeled '(reversed)'. Both are in 4/4 time. The first measure has a dynamic marking of *mf*. The notes are G4, A4, B4, C5. The picking pattern is V (down), □ (up), V (down), □ (up). The fretting is 1, 3, 3, 3. The second measure has the same notes but in reverse order: C5, B4, A4, G4. The picking pattern is □ (up), V (down), □ (up), V (down). The fretting is 3, 5, 5, 5.

(b) (reversed)

Exercise (b) consists of two measures. The first measure is labeled '(b)' and the second is labeled '(reversed)'. Both are in 4/4 time. The notes are G4, A4, B4, C5. The picking pattern is □ (up), V (down), □ (up), V (down). The fretting is 3, 5, 5, 5. The second measure has the same notes in reverse order: C5, B4, A4, G4. The picking pattern is V (down), □ (up), V (down), □ (up). The fretting is 5, 3, 3, 3.

(c) (reversed)

Exercise (c) consists of two measures. The first measure is labeled '(c)' and the second is labeled '(reversed)'. Both are in 4/4 time. The notes are G4, A4, B4, C5. The picking pattern is V (down), □ (up), V (down), □ (up). The fretting is 3, 3, 5, 5. The second measure has the same notes in reverse order: C5, B4, A4, G4. The picking pattern is □ (up), V (down), □ (up), V (down). The fretting is 5, 5, 3, 3.

(d) (reversed)

Exercise (d) consists of two measures. The first measure is labeled '(d)' and the second is labeled '(reversed)'. Both are in 4/4 time. The notes are G4, A4, B4, C5. The picking pattern is V (down), □ (up), V (down), □ (up). The fretting is 3, 5, 3, 3. The second measure has the same notes in reverse order: C5, B4, A4, G4. The picking pattern is □ (up), V (down), □ (up), V (down). The fretting is 5, 3, 5, 5.

(e)

2 1 1 (reversed) 2 1 1

9

T
A
B

3 3 5 3 5 5 3 5

Detailed description: This block contains the musical notation for exercise (e). It features a treble clef staff with a sequence of four notes (G4, A4, B4, C5) followed by a reversed sequence (C5, B4, A4, G4). Above the notes are fingerings: 2, 1, 1 for the first sequence and 2, 1, 1 for the reversed sequence. A '9' is written above the first note. Below the treble staff is a guitar TAB staff with fret numbers: 3, 3, 5, 3 for the first sequence and 5, 5, 3, 5 for the reversed sequence. The notes in the treble staff are marked with 'v' (down-bow) and 'V' (up-bow) symbols.

(f)

1 2 1 (reversed) 1 2 1

11

T
A
B

3 5 5 3 5 3 3 5

Detailed description: This block contains the musical notation for exercise (f). It features a treble clef staff with a sequence of four notes (G4, A4, B4, C5) followed by a reversed sequence (C5, B4, A4, G4). Above the notes are fingerings: 1, 2, 1 for the first sequence and 1, 2, 1 for the reversed sequence. An '11' is written above the first note. Below the treble staff is a guitar TAB staff with fret numbers: 3, 5, 5, 3 for the first sequence and 5, 3, 3, 5 for the reversed sequence. The notes in the treble staff are marked with 'v' (down-bow) and 'V' (up-bow) symbols.