

Alternate Picking: Notes-per-string Combinations

Groups of 4 (sixteenth notes)

Set metronome at a steady tempo and practise each bar in isolation for 2-3 mins

Standard tuning

$\text{♩} = 120$

(a) (reversed)

Exercise (a) consists of two measures. The first measure is labeled '(a)' and the second is labeled '(reversed)'. Both are in 4/4 time. The first measure has a dynamic marking of *mf*. The notes are G4, A4, B4, and C5. The picking pattern is V (down), □ (up), V (down), □ (up). The fretting pattern is 3, 3, 3, 5. The second measure has the same notes and picking pattern, but the fretting pattern is 5, 5, 5, 3.

(b) (reversed)

Exercise (b) consists of two measures. The first measure is labeled '(b)' and the second is labeled '(reversed)'. Both are in 4/4 time. The notes are G4, A4, B4, and C5. The picking pattern is □ (up), V (down), □ (up), V (down). The fretting pattern is 3, 5, 5, 5. The second measure has the same notes and picking pattern, but the fretting pattern is 5, 3, 3, 3.

(c) (reversed)

Exercise (c) consists of two measures. The first measure is labeled '(c)' and the second is labeled '(reversed)'. Both are in 4/4 time. The notes are G4, A4, B4, and C5. The picking pattern is V (down), □ (up), V (down), □ (up). The fretting pattern is 3, 3, 5, 5. The second measure has the same notes and picking pattern, but the fretting pattern is 5, 5, 3, 3.

(d) (reversed)

Exercise (d) consists of two measures. The first measure is labeled '(d)' and the second is labeled '(reversed)'. Both are in 4/4 time. The notes are G4, A4, B4, and C5. The picking pattern is V (down), □ (up), V (down), □ (up). The fretting pattern is 3, 5, 3, 3. The second measure has the same notes and picking pattern, but the fretting pattern is 5, 3, 5, 5.

(e)

2 1 1 (reversed) 2 1 1

9

T
A
B

3 3 5 3 5 5 3 5

Detailed description: This block contains the musical notation for exercise (e). It consists of two systems. The first system shows a treble clef staff with a sequence of four notes: G4 (quarter), F4 (quarter), E4 (quarter), and D4 (quarter). Above the notes are fingerings: 2, 1, 1. Below the notes are picking directions: v, V, □, V. A double bar line with repeat dots follows. The second system shows the same sequence in reverse: D4 (quarter), E4 (quarter), F4 (quarter), and G4 (quarter). Above the notes are fingerings: 2, 1, 1. Below the notes are picking directions: v, V, □, V. A double bar line with repeat dots follows. Below the treble staff is a guitar TAB staff with two lines. The fret numbers are: 3, 3, 5, 3, 5, 5, 3, 5.

(f)

1 2 1 (reversed) 1 2 1

11

T
A
B

3 5 5 3 5 3 3 5

Detailed description: This block contains the musical notation for exercise (f). It consists of two systems. The first system shows a treble clef staff with a sequence of four notes: G4 (quarter), A4 (quarter), B4 (quarter), and G4 (quarter). Above the notes are fingerings: 1, 2, 1. Below the notes are picking directions: v, V, □, V. A double bar line with repeat dots follows. The second system shows the same sequence in reverse: G4 (quarter), B4 (quarter), A4 (quarter), and G4 (quarter). Above the notes are fingerings: 1, 2, 1. Below the notes are picking directions: v, V, □, V. A double bar line with repeat dots follows. Below the treble staff is a guitar TAB staff with two lines. The fret numbers are: 3, 5, 5, 3, 5, 3, 3, 5.